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SUN PROTECTION POLICY

Purpose

All department school sites and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above. Sites must inform their community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

Implementation

Our kindergarten uses a combination of sun protection measures for all outdoor activities on and off site **during terms 1, 3 and 4** including:

Clothing

Sun protective clothing is encouraged through the availability of a kindergarten uniform. We encourage families to dress their children in clothing that is cool, loose fitting and made of closely woven fabric. Shirts with collars and elbow length sleeves and longer style dresses are recommended.

Sunscreen

Families can provide their own SPF 30 or higher broad spectrum, water resistant sunscreen. Our kindergarten supplies SPF 30 or higher broad spectrum, water resistant sunscreen for educators and children's use. Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

There is a place in the daily routine for children to apply sunscreen before going outdoors Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.

<u>Hats</u>

All children and educators are required to wear hats that protect their face, neck and ears e.g. legionnaire, broad brimmed or bucket hats whenever they are outside. Baseball or peak caps are not acceptable when the UV level is 3 or above.

Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade. Outdoor events are held during term two or earlier in the day where practical.

Children are encouraged to use available areas of shade when outside.

Children who do not have appropriate hats or clothing are asked to stay indoors or use the spare hats and sun safe clothing available at our kindergarten.

Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to our kindergarten community through the learning program, communication with families, staff meetings, role modeled behaviour and in enrolment packs.

This information has been extracted from the Cancer Council SA SunSmart policy

APPROVED: May 2013 LAST REVIWED: July 2021

